

LIVE IT PLAY IT LOVE IT... LIVE IT PLAY IT LOVE IT... LIVE IT PLAY IT LOVE IT...

AGE GROUPING FOR COURSES

Players will be split into appropriate age groups for the activity.

For example: 5 - 7 years, 8 - 10 years & 11 upwards.

At no point will a 5 year old be playing games with an 11 year old.

Please Note - the number of places offered on each course may vary due to availability of coaching staff in each location. Bookings may close early once the course is full. Parents/guardians are advised to book early to avoid disappointment.

SUMMER RESIDENTIAL CAMP

Live the life of a professional footballer and take your skills to the next level at the LiveArgyll Football Development Summer Camp!

You will be immersed in our Beautiful Game, with the total soccer experience, and be based at Oban High School's Glencruitten Hostel, with the use of the Oban 3G AWP and the nearby Mossfield and Glen Grass Pitches.

LiveArgyll and the Scottish Football Association's team of highly qualified, experienced coaches will encourage players to maximise their abilities while developing techniques using training methods similar to those favoured by many First Teams, U19 and Youth Teams; not just in Scotland but worldwide.

The camp is open to all aspiring players aged 9 to 15 years. The camp will not only work on the improvement of the player's football ability, but will include -

- an introduction to sports science
- fitness testing
- nutritional and hydration advice
- sports psychology
- lifestyle management

- in addition to the day to day role expected of a full-time youth player.

SOCCER WEEK

PRIMARY 1 TO SECONDARY 1

These sessions aid the development of physical literacy and basic skills through the tool of football. The sessions will be delivered through activities centered around games-based and include agility, balance, speed and co-ordination activities. Sessions will include movement skills, technical and tactical components all in a safe and FUN environment which will aid the development of the player.

MINI KICKERS

3 - 4 YEARS

The principle of Mini Kickers is to develop a child's basic motor skills with the child's state of physical, psychological and social development in mind. The aim is to give children a good physical and social foundation to start both football and general sports skill training.

These sessions offer young children the opportunity to develop basic motor skills such as running, crawling, jumping, rolling, rotating, throwing, catching, kicking and dribbling. In addition the coaching is focussed on creating a child who is motivated, confident and has a positive attitude towards football and physical activity.

They are GREAT FUN and are just the right length to keep your budding footballer active - before their mid day nap!

For further information regarding any of the camps or to request an application form please contact:

football@liveargyll.co.uk

or martin.rae@liveargyll.co.uk

or call 01631 567803 / 01631 572194

www.liveargyll.co.uk

www.scottishfa.co.uk



FOOTBALL DEVELOPMENT PROGRAMME



FOOTBALL FESTIVAL BOOKINGS

Bookings for LiveArgyll's Football Festivals/Extra Time Activities are now being dealt with by local facilities in your area, where you can now take your completed form and payment (cash, debit / credit card or cheque) directly to a facility. If it is not possible for you to take the booking form and payment to the facility you can post it to them.

CONDITIONS OF ENROLMENT

Confirmation of enrolment will not be forwarded to the applicants. Payments will only be returned if a course is full or if the course has to be cancelled due to minimum numbers not being achieved. Applicants' accept these conditions of enrolment upon payment of course fee's. LiveArgyll reserves the right to cancel or amend the arrangements for any course. In this event, any course member unable to transfer to an alternative course will be issued with a full refund. LiveArgyll **CANNOT** accept liability whatsoever for damages in respect of any loss or injury sustained to any participant during (or consequence of) these activities.

The course member agrees to abide by the rules laid down by LiveArgyll and its staff. LiveArgyll will not be held responsible for cancellation of a course due to bad weather. Conditions of cancellation: Any cancellations must be given in writing a minimum of 7 days prior to the course commencement in order to receive a full refund. Refunds will only be given after this time upon production of a written letter accompanied by a medical certificate. All refunds will be subject to a £5.00 deduction for administration costs.

BOOKINGS AND PROCEDURES

Advance bookings are necessary as we need to know how many coaches we require to employ for each festival, the amount of equipment required, contact details and relevant medical information for each child. **Coaches are unable to accept children who turn up on the day without pre-booking.**

BOOKINGS FOR OBAN HIGH SCHOOL

taken at Corran Halls, 54 Esplanade, Oban, PA34 5AB

BOOKINGS FOR MID ARGYLL SPORTS CENTRE

taken at Mid Argyll Sports Centre, Joint Campus, Kilmory, Lochgilphead, PA31 8AA

BOOKINGS FOR DUNOON GRAMMAR

taken at Riverside, Moir Street, Dunoon PA23 8AB

BOOKINGS FOR CAMPBELTOWN AND ISLAY

taken at Aqualibrium, Kinloch Road, Kinloch Park, Campbeltown, PA28 6EG

BOOKINGS FOR HELENSBURGH

taken at Helensburgh Swimming Pool, West Clyde Street, Helensburgh, G84 8SQ

BOOKINGS FOR ROTHESAY JOINT CAMPUS

taken at Rothesay Leisure Pool, High Street, Rothesay, Isle of Bute, PA20 9BN

BOOKING CLOSING TIMES

- **BOOKINGS FOR COURSES IN LOCHGILPHEAD WILL CLOSE AT 1.30PM ON TH THURSDAY PRIOR TO THE START OF THE COURSE.**
- **BOOKINGS MAY CLOSE EARLY ONCE THE COURSE IS FULL.**
- **BOOKINGS CLOSE AT 12.30PM ON THE THURSDAY PRIOR TO THE START DATE OF THE COURSE UNLESS STATED OTHERWISE.**
- **PLEASE ENSURE THAT POSTAL APPLICATIONS ARRIVE BY THE CLOSING DATE.**

PLEASE NOTE - number of places offered on each course may vary due to availability of coaching staff in each location. Parents/ guardians are advised to book early to avoid disappointment. Bookings for courses in Lochgilphead will close at 1.30pm on the Thursday prior to the start of the course.

For closing dates for courses please refer to: www.liveargyll.co.uk/sports/football

COURSE INFO

Our holiday programme will be action packed with the focus on skill development and small sided games.

ADDITIONAL INFORMATION

- Please bring suitable clothing and footwear for indoor and outdoor activities
- Shin guards **MUST** be worn at all times
- Please bring a drink (water or still juice)
- **SOCCER WEEK:** participants, please bring a packed lunch
- **MINI KICKERS:** these will be indoor sessions, please wear appropriate footwear. Parents are advised to stay for the duration of the session.

COST

If you are in receipt of benefits or on a low income you may be eligible for a discount on the above costs. A payment by instalment scheme is also available. Please contact us for information on any of these matters.

Price of the course covers the duration of the activity.

Tel: 01631 567803 Email: football@liveargyll.co.uk

For closing dates for courses please refer to: www.liveargyll.co.uk/sports/football

Changes / cancellations of sessions may arise owing to minimum number requirements.

The information provided on this form will be shared with the Scottish Football Association for the purposes of monitoring participation in football and will not be used for any commercial purpose or shared with any third party organisations.

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